

Assignment Class II
EVS
Term I
CHAPTER 1 – Our Food

New Words

1. energy
2. diseases
3. healthy
4. Jaggery
5. balanced diet
6. non-vegetarians
7. protective
8. burger
9. cereals
10. pulses

11. normally
12. breakfast
13. afternoon
14. dinner
15. body building
16. harmful
17. cauliflower
18. vegans
19. water
20. honeybee

CHAPTER 2 – Staying Healthy

New Words

1. habit
2. regularly
3. twice
4. vegetables
5. enough
6. everybody
7. posture
8. exercise
9. healthy
10. straight

11. brush
12. maintain
13. daily
14. happy
15. children
16. meals
17. everyday
18. pain
19. toilet
20. eating

CHAPTER 3 – The Clothes We Wear

New Words

1. protect
2. costume
3. woollen
4. umbrella
5. process
6. weaving
7. shearing
8. thread
9. traditional
10. uniform

11. doctor
12. nurse
13. policeman
14. soldier
15. firefighter
16. astronaut
17. football player
18. lawyer
19. pilot
20. vegetable seller

CHAPTER 4 – Types of Houses

New Words

- | | |
|---------------|-----------------|
| 1. thieves | 11. protects |
| 2. straw | 12. villages |
| 3. kutcha | 13. kennel |
| 4. bungalow | 14. burrow |
| 5. building | 15. moving |
| 6. stories | 16. opening |
| 7. experience | 17. balconies |
| 8. floating | 18. bedroom |
| 9. branches | 19. kitchen |
| 10. caravans | 20. dining room |

Term I
CHAPTER 1 – Our Food

1. Tick(✓) the right answer:

- (a) Pulses, milk and eggs are _____ food.
(i) energy-giving ☐ (ii) body-building ☐ (iii) protective ☐
- (b) Rice, butter and sugar are _____ food.
(i) energy-giving ☐ (ii) body-building ☐ (iii) protective ☐
- (c) _____ food items prevent us from falling sick
(i) energy-giving ☐ (ii) body-building ☐ (iii) protective ☐
- (d) We must keep all the food that we eat:
(i) covered ☐ (ii) uncovered ☐ (iii) in the open ☐
- (e) Food give us _____ to work and play.
(i) energy ☐ (ii) tiredness ☐ (iii) none of these ☐

2. Fill in the blanks with help of the given words:

Strong work digestion plenty tall diseases meals

- (a) We need energy to _____ .
- (b) Body-building food helps us to grow _____ and _____.
- (c) Protective food protects us from _____.
- (d) We should drink _____ of water everyday.
- (e) Water helps in _____ of food.
- (f) We should eat our _____ at regular times.

3. (a) Name two food items that we get from plants.

(i) _____

(ii) _____

(b) Write the names of two protective food items. How do they help us?

(i) _____ (ii) _____

4. Answer the following:

(a) Why do we need to eat different kinds of food?

(b) What are energy-giving food?

(c) What are body-building food?

(d) What are protective food?

(e) Write two food items we can eat:-

1. raw - _____, _____

2. cooked - _____, _____

ACTIVITIES

1. Stick pictures of the food items you eat under each group:

Energy-giving food	Body-building food	Protective food

2. Define:-

1. Balanced diet- _____

2. Vegetarians - _____

3. Non vegetarians - _____

4. Junk food - _____

5. Vegans - _____

CHAPTER 2 – Staying Healthy

1. Fill ups:

Dustbin, good, strong, fit, straight

- a) Trimming nails regularly is a _____ habit.
- b) We should throw garbage in the _____.
- c) Eating healthy food keep us _____ and _____.
- d) We should stand walk and sit _____.

2. State whether the given statements are True (T) or False(F)

- a) We should wash our hands before and after meals. ☐
- b) We need not drink milk every day. ☐
- c) We should sit in the correct posture. ☐
- d) We should not do exercise daily. ☐

3. Answer the following:

- (a) Write two ways to keep yourself clean.

(i) _____

(ii) _____

- (b) Write any two good food habits.

(i) _____

(ii) _____

- (c) Why should we use handkerchief while coughing and sneezing?

- (d) Why should we brush our teeth everyday in the morning and at night?

- (e) Define posture

CHAPTER 3 – The Clothes We Wear

1. Tick(✓) the right answer:

- (a) We should wear _____ clothes.
(i) neat ☐ (ii) dirty ☐ (iii) crumpled ☐
- (b) Making thread from cotton is called
(i) fibres ☐ (ii) spinning ☐ (iii) wearing ☐
- (c) We get wool from:
(i) sheep ☐ (ii) cow ☐ (iii) buffalo ☐
- (d) We get cotton from plant
(i) cotton ☐ (ii) wool ☐ (iii) rocks ☐
- (e) Students wear _____ to school.
(i) suit ☐ (ii) jacket ☐ (iii) uniform ☐

2. Give two examples each of:

- (a) Woollen clothes _____
- (b) Cotton clothes _____
- (c) Silk clothes _____

3. Answer the following:

- (a) Why do we wear woollen clothes in winter?

- (b) How is wool made?

(c) Why do we wear cotton clothes in summer?

(d) **Define :**

(i) Weaving- _____

(ii) Spinning - _____

(iii) Uniform - _____

(e) Write different clothes of summer seasons and winter seasons:

(f) What do we wear to protect ourselves from rain?

ACTIVITES

1. Make the words and match with pictures. Write the correct word with the picture:



Wash ting



Knit ing



Stitch ing



Mend ing

CHAPTER 4 – Types of Houses

1. Tick(✓) the right answer:

(a) A _____ house is mostly found in villages.

(i) Kutcha ☐ (ii) pucca ☐ (iii) house boat ☐ (iv) tent ☐

(b) A _____ is a house made of snow (ice).

(i) igloo ☐ (ii) houseboat ☐ (iii) tent ☐ (iv) Kutcha ☐

(c) A _____ is a house on water

(i) tent ☐ (ii) houseboat ☐ (iii) Kutcha ☐ (iv) igloo ☐

(d) A _____ house is made of bricks, cement and iron.

(i) Kutcha ☐ (ii) pucca ☐ (iii) houseboat ☐ (iv) tent ☐

(e) A _____ is seen in big cities.

(i) Igloo ☐ (ii) houseboat ☐ (iv) skyscraper ☐ (iv) Kutcha house ☐

2. Fill in the blanks with the help of the given words:

canvas , cities, houseboats, ice, villages, town, tall, Eskimos, tree house

(a) _____ are houses on boats.

(b) Kutcha houses are found in _____.

(c) _____ live in igloos.

(d) Igloo is made of _____.

(e) Tent house is made of _____.

(f) People living in _____ and _____ build pucca houses.

(g) Very _____ building are called skyscrapers.

(h) Houses built on the branches of trees are called _____.

3. Write (T) for true and (F) for false statements:

- (a) Houses are very expensive to build. ☐
- (b) Igloo is made of snow. ☐
- (c) Houseboat is a floating house. ☐
- (d) Pucca house is a temporary house. ☐
- (e) Wood, glass and cement are used for making a pucca house. ☐
- (f) Making a pucca house costs a lot of money. ☐

4. Answer the following:

- (a) How can we keep our house germs free?

- (b) How do tent houses are used?

- (c) Name some pucca houses.

- (d) Why do we need a house?

- (e) Name some temporary houses:-

- (f) Where do we find houseboats?
